

Ad Hoc Seminar



Dr Hendrik Huthoff

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Looking after your mental health in academia

Dr Hendrik Huthoff, Head of Education at the Jena School for Microbial Communication, is responsible for the training program of doctoral and post-doctoral researchers. During his chemistry studies and his PhD research, he developed a severe anxiety disorder that had a major impact on his life despite finding ways of successfully completing his scientific work. Nowadays, he is active as a mental health advocate to improve provisions at institutes of higher education and to highlight that mental health problems can be solved with the right kind of support.

Tuesday, 7 September 2021, 16:00 (*s.t.*) (CEST/UCT+2)

The seminar will take place <u>online</u> via Zoom. Please register **here** to participate.

This seminar is co-organised by GenEvo and SFB 1361.



For more information, please contact: events@imb.de Institute of Molecular Biology gGmbH (IMB), Ackermannweg 4, 55128 Mainz